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Resources for Families and Providers in Riverside County | COVID-19 | COMMUNITY SITES

		Updated: 1/7/2021			
Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Temecula Public Safety	City of Temecula COVID-19 Information	As the Coronavirus (COVID-19) pandemic continues to generate concern globally, domestically and locally, the City of Temecula remains committed to serving the region by continuously updating this site with up-to-date information. Please check this site, and the City's Facebook, Instagram and Twitter pages regularly for new and updated information.	4/6/20	
South County	Murrieta City	Murrieta City COVID-19 Information and Resources	We're connecting daily with our partners at Riverside County Public Health (the lead agency), and at the state and federal level to access the latest information and will take recommended actions that protect residents. Riverside Co. Public Health is our lead COVID-19 agency and a good source of updated information on the topic, including local impacts, press releases and resources.	4/6/20	
South County	City of Menifee	City of Menifee COVID-19 Information and Resources	The "coronavirus" or "COVID-19" continues to generate concern globally, domestically and locally. The City of Menifee is integrated into the emergency management functions and oversight of the County of Riverside Emergency Management Department. The City of Menifee as a local government agency remains closely engaged with our County Health and emergency management partners.	4/6/20	
Desert	City of Coachella	City of Coachela COVID-19 Information and Resources	"The health and wellbeing of our residents is a priority," says Coachella Mayor Steven Hernandez. "This measure allows us to take additional actions as necessary to protect the public health."	4/6/20	
All Regions	First 5 of Riverside	COVID-19 Alerts and Information	COVID-19 Alerts and Information	4/6/20	
Desert	City of Palm Springs	COVID-19 Alerts and Information	COVID-19 Alerts and Information	4/6/20	

South County	City of Lake Elsinore	City of Lake Elsinore COVID-19 Information and Resources	The COVID-19 situation is changing regularly. The City continues to closely monitor guidance from the local, state and federal level to best protect our community. In a public health mergency, like this, the County's Public Health Department is the lead agency and the City serves in a supportive role. The City of Lake Elsinore remains regularly engaged. We have a plan, we are prepared and we will do everything we can to ensure the health and safety of our residents. Please stay informed and remain vigilant during this rapidly evolving, unprecedented time.	4/6/20	
Desert	La Quinta	La Quinta COVID-19 Resources and Information	COVID 19 Resources & Information	4/6/20	
North County	Jurupa Valley	Jurupa Valley COVID-19 Information and Resources	City Leaders are actively monitoring the COVID -19 pandemic, working closely with the Riverside County Department of Public Health and other agencies. The lead national agency is the Federal Government, who is working closely with the Centers for Disease Control and Prevention (CDC). The lead local agency for this public health matter is the Riverside County Department of Public Health. For more information about COVID-19 including guidelines, business planning resources, and local updates, please visit this page frequently. Please note, this is a rapidly evolving situation and the risk assessment may change daily, if not hourly.	4/6/20	
East County	City of Hemet	City of Hemet COVID-19 Information and Services	The City of Hemet is monitoring the status of COVID-19 and is implementing the necessary measures to ensure the safety of staff and the community. We are working closely with our partner agencies to ensure that the public is well informed and continues to have access to public services.	4/6/20	
Desert	Indio	Indio COVID-19 Information	The City of Indio is actively monitoring input from local, state and national health officials to assess the health risks of COVID-19, and update those risks to stakeholders. Additionally, we are in contact with Riverside County Public Health, which facilitates conference calls and sharing information with partner agencies.	4/6/20	
East County	City of Moreno Valley	City of Moreno Valley COVID-19 Resources and Information	Find local resources and trusted sources of information as well as links to best practices, business information, coronavirus testing information, important contacts, special activities, and more	4/6/20	
Desert	City of Banning	City of Banning COVID-19 Alerts Links and Information	Alerts, Links and Information	4/6/20	

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North County	City of Norco	City of Norco COVID-19 Services and Information	As we face the challenging, unprecedented situation that COVID-19 presents, the City of Norco continues to operate and serve the community by providing essential services electronically and telephonically and maintaining full staffing levels at the Norco Sheriff's Station and CAL FIRE/Riverside County Fire Department Fire Stations.	4/6/20	
South County	City of Perris	City of Perris COVID-19 Information	The City is closely monitoring the situation and following the recommendations provided by the State Governor, Riverside County Department of Public Health, and the CDC, Center for Disease Control and Prevention, guidelines. The information provided on COVID-19 changes rapidly.	4/6/20	
South County	City of Corona	City of Corona COVID-19 Resources	As the COVID-19 situation evolves, the City of Corona continues to develop ways to connect local organizations offering resources to other community groups and residents who need them. In order to help facilitate resource connections, the City of Corona has launched donation intake forms.	4/6/20	
Desert	Beaumont	Beaumont COVID-19 Information and Services	The "coronavirus" or "COVID-19" continues to generate concern globally, domestically and locally. The City of Beaumont as a local government agency remains closely engaged with our County Health and emergency management partners. The health and safety of the citizens and City employees is our paramount concern. City services are being modified in order to provide a safe environment while maintaining basic services throughout the crisis. Your patience and understanding are appreciated.	4/6/20	
East County	San Jacinto	San Jacinto COVID-19 Information	COVID-19" or the "coronavirus" continues to generate concern globally, and within our local communities. The City encourages residents to monitor Riverside County Public Health for the latest updates in our region.	4/6/20	
East County	San Jacinto	San Jacinto Health Updates	Latest Updates on Health and COVID-19.	12/22/20	
Mid County	City of Riverside	City of Riverside COVID-19 Information	City Leaders are actively engaged in the COVID -19 pandemic, working closely with the Riverside County Department of Public Health and other agencies.	4/6/20	
South County	City of Wildomar	City of Wildomar COVID-19 Resources and Updates	COVID-19 Resources and Updates	4/6/20	

All Regions	Riverside County Department of Public Social Services (DPSS)	DPSS Website for new or existing customers and to apply for benefits	In an effort to stop the spread of COVID-19, our offices are temporarily closed to the public except for a limited number of customers and visitors who must be seen in person. This measure is necessary to protect the public and our employees. Some offices will remain open for restricted access to individuals without a phone who are homeless or require immediate need or expedited services. Customers are strongly encouraged to use online and telephone services. DPSS is encouraging its new and existing customers to apply for benefits and services through our website and call centers. 1-877- 410-8827	4/8/20	
South County	Rose Again Foundation	Email address for provided services for fosters in Temecula and Murrieta	Providing services to foster children & emancipated fosters in Temecula & Murrieta. 951-970-2518	4/10/20	
All Regions	California Coronavirus (COVID-19) Response	Most current COVID-19 information and resources for State of California	Most current up to date information about COVID-19, California's response to the virus, and resources.	4/10/20	
All Regions	Riverside County Office of Education	RCOE COVID-19 Information and Resources	Current and up to date information and resources about COVID-19.	4/14/20	
East County	Chuck Washington 3 District Supervisor Riverside County	District Supervisor COVID-19 Resources and Updates	COVID-19 Resources and Updates	4/14/20	
All Regions	HOPE Collaborative	HOPE Resources in the community	HOPE Collaborative Team finds resources for our community's families, and during this time of Sheltering in Place and Homeschooling these resources are a helpful tool. You can always access COVID-19 resources and community resources through the website.	4/21/20	
All Regions	CA MAP Inclusion & Belonging	Support, Training and Resources for Families and Providers in Inclusive Childcare	The mission of the MAP to Inclusion & Belonging Making Access Possible, is to create a statewide system of support, training and resources that gives all families and providers barrier-free access to inclusive child care.	5/5/20	
All Regions	Junior League Riverside (Diaper Bank)	Diaper Bank Resources	The Junior League of Riverside, Inc. is an organization of women committed to promoting voluntarism, developing the potential of women and improving communities through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable. We reach out to women of all races, religions and national origins who demonstrate an interest in and commitment to voluntarism	5/7/20	

Riverside Unified School District Families and near communities	Riverside Unified School District	RUSD Family Resource Center Website	The RUSD Family Resource Center's Mission is to "Improve student learning and development, strengthen family practices, and leverage school programs by integrating resources and services from the community". Services are free of charge and are facilitated in English and Spanish. Please contact us for assistance. Services are free of charge and are facilitated in English and Spanish. Please contact us for assistance.	5/27/20	
All Regions	University of California San Fransisco	UCSF Guidance for CA Child Care Providers during COVID-19	Guidance for California Child Care Providers during the COVID-19 Pandemic	10/28/20	
All Regions	County of Los Angeles Public Health	<u>City of Los Angeles Public Health COVID-19 Resources</u> and Information	As we are taking steps to prevent the spread of novel Coronavirus (COVID-19) in the community, the safety of students, teachers, administrators, staff and families are our top priority. We recognize that early care and education, schools and higher education are critical components of communities and have tremendous impact on the health, growth, and development of children and the overall well-being of families. This COVID-19 Early Care and Education Toolkit is designed as a resource to help you prepare for and respond to COVID-19 for childcare center-based programs and family childcare homes. Guidance documents, templates and answers to frequently asked questions for the education setting have been selected from local, state and national resources. The toolkit should enable you to manage community mitigation at your site and report COVID-19 cases if and when they occur at your site.	11/17/20	
Varies	Community Settlement Association	(951) 686-6266	High School After School Program. Empowering high school-aged youth to pursue their purpose in an environment that promotes education, hope, acceptance, and preparation for the future.	11/17/20	
Varies	Community Settlement Association	Email address for information on After school program Grades K-8th	B.E.S.T After-School Program Grades K-8th Services offered: Academic tutoring, homework assistance, reading support and much more. Contact for more information.	11/17/20	
All Regions	Growing Healthy Minds Riverside County	Growing Healthy Minds Resources	Through collaborative efforts with state agencies, providers and communities, RUHS-BH is working to ensure that families and other caregivers of children ages 0-5 have the knowledge, access, tools, resources, and skills available to help children grow into mentally healthy individuals	12/15/20	

ATTER OF COLORED TOTAL OF COLORED EXPENSION OF CAREFY AND Colored and the colored and the c	Division of Early Learning Services Early Care and Education Resources for Families and Providers in Riverside County COVID-19 FINANCES/BILLS						
Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive		
All Regions	United Way of the Inland Valleys	Latest Updates about COVID-19 for Local Services	Hear the latest information about COVID-19. Callers are also able to get referrals for local services including food, shelter, and other health related issues. Partners with the County's Public Health Department to provide the most up-to-date information on our website, our social media channels, and on our helpline, which is available 24 hours a day, 365 days a year in over 200 languages. Residents can dial 2-1-1	3/21/20			
All Regions	Inland SoCal COVID-19 Fund	https://uwiv.org/covid-fund-requests (must apply online)	Funding for direct assistance will be available BASED- ON CONTRIBUTIONS RECEIVED. United Way is not- able to guarantee funding beyond what is received in- this fundraising effort.	3/21/20	April 6, 2020		
All Regions	California Tenents (renters)	Resources and information for California Renters during COVID-19	CAA is working around the clock to keep our members and the general public informed. This website is being updated daily, and you are encouraged to bookmark this page and visit it for answers to many of your questions related to this crisis. If California renters are not able to pay rent due to financial or medical circumstances caused by the coronavirus pandemic, they are entitled to a delay of an eviction through May 31. To qualify, renters need to prove they've been laid-off, lost their job or hours at work because of COVID-19. Those who have had to care of children whose schools are closed or family members with COVID-19, also qualify. Renters must notify their landlords in writing no later than seven days after their rent is due, so by April 8 or May 8, to communicate they're unable to pay. Now come June 1, tenants could be evicted if they didn't pay rent in April or May.	3/21/20			

All Regions	WIC	WIC Services and Support	WIC is still processing claims and increased staffing at their call centers to assist with answer calls. All WIC sites will be closed effective Tuesday, March 17, 2020 through Thursday, April 30, 2020. We are remotely serving all participants and clients. Our WIC Call Center is experiencing a high volume of calls. Please stay on the line and someone will be with you as soon as possible. If you are having difficulty getting through to the line, please try texting or calling again. State WIC is working with WIC vendors to address the availability of WIC foods and formula.	3/21/20	
All Regions	Unemployment Assistance	Unemployment Assistance Claims and Benefits	Due to current events, we are experiencing a large increase in claims filed and are extending our staff resources to keep up with the demand. For faster service, use UI Online to file your claim, certify for benefits, and get payment information. Thank you for your patience. English 1-800-300-5616 Spanish 1-800-326-8937 Cantonese 1-800-547-3506 Mandarin 1-866-303-0706 Vietnamese 1-800-547-2058 TTY 1-800-815-9387	3/21/20	
All Regions	Credit Card Assistance	Assistance with Credit Cards during COVID-19	A number of credit card companies, including Citi, PNC Bank, Wells Fargo, Capital One and others, announced they're willing to work with customers facing financial difficulties as a result of COVID-19. If you're unable to make your payment, call your credit card issuers right away for assistance. Call your creditor.	3/21/20	
Regions Vary	Electricty Assistance	Southern California Edision Electricty Assistance during COVID-19	Southern California Edison: The utility is suspending disconnections for nonpayment and waiving late fees "for residential and business customers impacted by the COVID-19 emergency."	3/21/20	
Desert	Economic Protection Plan	Support for Qualified Residents on Housing, Health, Utilities, Food, Education and other Resources	Together, we are working to create an emergency economic preparation and protection plan for our region. Our goal is to connect all eligible families and residents to every currently available form of public assistance in order to keep our neighbors housed, fed, healthy, and secure. Below please find resources with information about housing, health, utilities, food, education, workers benefits, and small businesses. For general questions, please email eppsupport@lifttorise.org.	3/21/20	

Regions Vary	Western Municipal Water District	Information about services during COVID-19	As the situation surrounding the COVID-19 (Coronavirus) outbreak continues to rapidly evolve, Western knows that daily lives are being directly impacted. At Western Municipal Water District, we are committed to a culture of service that ensures operational continuity with excellent customer service. We have been closely monitoring local, regional, state and federal updates and public health recommendations surrounding the outbreak and will continue to provide you important information about your services.	4/6/20	
All Regions	Community Action Partnership	Utility Assitance and Home Saving Program	UtilityAssistance; Weatherization; Home saving Program;	4/10/2020 Link Updated 5/19/2020	
All Regions	RIVERSIDE COUNTY ECONOMIC DEVELOPMENT	Support for Business' Struggling During COVID-19	THE CORONAVIRUS OUTBREAK HAS GLOBAL HEALTH CONSEQUENCES, AND IT PUTS MANY SMALL BUSINESSES AT ECONOMIC RISK. IF YOUR BUSINESS IS STRUGGLING FINANCIALLY DUE TO THE CORONAVIRUS, RIVERSIDE COUNTY IS HERE TO PROVIDE RESOURCES THAT CAN HELP. (951) 955-0493	4/10/20	
All Regions	Riverside County Work Force Development Centers	Services and Support in Work Force Development During COVID-19	Due to the Coronavirus (Covid-19) outbreak, the Riverside County America's Job Centers of California are currently closed to all in-person services until further notice. However, the Workforce Development Center, State of California Employment Development Department (EDD), and partner staff are committed to providing services via phone, e-mail, and online	4/10/20	
All Regions	California Public Utilities Commission	List of Utilities and Information About Protections and Benefits	A list of consumer protection provisions enacted in response to the COVID-19 outbreak in California. This list covers both Investor Owned Utilities (IOUS), which are regulated by the California Public Utilities Commission (CPUC), and Publicly Owned Utilities (POUS). Please visit your specific utility's webpage for more specific information about protections and benefits available to you.	4/10/20	
East County	Valley Community Pantry	Emergency Shelter, Rent and Utility Assistance	EMERGENCY SHELTER, RENT AND UTILITY ASSISTANCe. In addition to food, the Community Pantry receives funds from various grants and agencies. When funds are available we are able to provide emergency shelter and rent assistance, as well as assistance for electricity, gas and water utility bills by appointment only. For more information and requirements please visit our office.	4/14/20	

All Regions	California Air Resources Board	Clean Vehicle Assistance Program for Grants and Affodable Financing	The Clean Vehicle Assistance Program provides grants and affordable financing to help income-qualified Californians purchase or lease new or used hybrid and electric vehicles. Residents who meet the income eligibility requirements can receive a grant and may also be eligible for a charging station grant.	6/17/20	
All Regions	Replace Your Ride	Information on purchasing a clean vehicle or mobility options	Save up to \$9,500 when replacing an older polluting vehicle with a clean fuel-efficent vehicle The Enhanced Fleet Modernization Program assists lower-income consumers with the purchase of a clean vehicle OR alternative mobility options such as transit passes. (855) 483-5107	6/17/20	
All Regions	AT&T	Information on low-cost wireline home internet. English (855)220.5211 - Spanish (855) 220.5225	 AT&T is offering low-cost wireline home Internet service to qualifying households: Who have at least one resident who participates in the Supplemental Nutrition Assistance Program (SNAP) within the AT&T's 21-state service area. If you are a California resident and at least one member of your household receives Supplemental Security Income (SSI) benefits, you also may qualify based on the same requirements that apply to SNAP participants. 	7/23/20	
All Regions	Frontier	California Lifeline Discount for requirements and information: 1.800.794.4741	Frontier offers CALIFORNIA LIFELINE DISCOUNT PROGRAM Frontier is committed to helping qualified low-income individuals pay for telephone or qualified internet services. Lifeline service is a non-transferable (from one person to another) government assistance program that provides a discount on the cost of monthly telephone or qualified internet access service. Lifeline is limited to one discount per household and only eligible customers may enroll.	7/23/20	

All Regions	Spectrum	High Speed Internet. To sign up call: 1-833-694-9256	 High-Speed Internet at an affordable price To qualify for Spectrum Internet Assist, a member of the household must be a recipient of one of the followings programs: The National School Lunch Program (NSLP); free or reduced cost lunch The community Eligibility Provision (CEP) of the NSLP Supplemental Security Income (> age 65 only) 	7/23/20	
All Regions	Community Action Partnership	Apply for assistance with job employment.	Pathways to Employment. Assist non-profits and government entities on the front lines of the COVID response through additional workforce support. Provide on the job training for adults 18+ to engaeg in local projects and support organizations directly affected by the COVID-19 pandemic. call (951) 955-0185	11/2/20	
All Regions	Financial Navigators Program	Support for those experiencing financial difficulty and need assistance.	Are you experiencing financial difficulty and need assistance? FINANCIALNAVIGATORS Receive education and information about free resources available to you. Via 211 all families within Riverside County will now have access to financial guidance over the phone to help manage expenses and maximize income. Information regarding national and local agencies that are able to help families build and/or repair their credit will also be available! Dial 211.	11/2/20	
All Regions	Path of Life - Community Shelter Program	<u>Financial Help</u> WHAT CAN WE DO FOR YOU NOW Path Of Life is here to help and help connect you to. resources you need.	The Community Shelter Program is an emergency homeless shelter that serves adults by providing an immediate exit off of the street into temporary housing along with assistance in obtaining important documents, job readiness, computer workshops, counseling, meals, hygiene supplies and various other forms of social, spiritual, and emotional support.	1/7/21	
Desert County	Galilee Center	Rental and Utility Assistance Program	Families can apply for rental assistance one time each year. The program helps families to maintain their housing and avoid homelessness. Families can apply for help to pay their electric/gas bill once a year.	1/7/21	



Resources for Families and Providers in Riverside County | COVID-19 | HOUSING

		Updated: 1/7/2021			
Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All Regions	Operation SafeHouse - SafeHouse of Riverside	Emergency Shelter, Intervention and Outreach Services for Youth	Operation SafeHouse, with Community Support, provides Emergency Shelter, Intervention and Outreach Services to Youth in Crisis. Ages 11-17. 9685 Hayes St, Riverside, CA 92503 (951) 351-4418	1/7/21	
West and East County	Path of Life - Community Shelter Program	<u>Shelter</u> WHAT CAN WE DO FOR YOU NOW	2840 Hulen Place, Riverside, CA 92507 (951) 683-4101 The Community Shelter Program is an emergency homeless shelter that serves adults by providing an immediate exit off of the street into temporary housing along with assistance in obtaining important documents, job readiness, computer workshops, counseling, meals, hygiene supplies and various other forms of social, spiritual, and emotional support. 4:00 pm-8:30 am. Initial intake and screening Mon, Wed, Fri at 1:00 pm	1/7/21	
West and East County	Path of Life - Family Shelter Program	<u>Shelter</u> WHAT CAN WE DO FOR YOU NOW	2530 Third Street, Riverside, CA 92507 (951) 275-8755 4:00 pm -7:45 am Families Path of Life offers a 30-60 day shelter program to individuals and families in housing crisis. Our Community Shelter provides 85 beds to men and women seeking emergency shelter, and our Family Shelter provides 50 beds to families with children and single women. Shelter guests are provided with wraparound stabilization services including child care, behavioral health and employment support that foster self-sufficiency and family restoration.	1/7/21	
West County	Corona-Norco Settlement House	Temporary emergency needs of the low-income families and individuals who reside within the boundaries of the Corona-Norco School District.	The Corona-Norco Settlement House is a non-profit charitable organization that provides for the temporary emergency needs of the low-income families and individuals who reside within the boundaries of the Corona-Norco School District. 507 South Vicentia Avenue, Corona, CA 92882 (951) 737-3504 Mon Fri. 10 am - 5 pm, Sat. 8:30 am - 2:30 pm Families & Individuals	1/7/21	

West and South County	Community Outreach Ministry	Housing and support for Youth	23905 Clinton Keith Suite 114 #116 Wildomar, CA 92595 (951) 698-7650 COM's mission is helping at-risk kids to break the cycle of poverty, illiteracy, drugs, violence, delinquency, gangs and incarceration. COM raises scholarships for children of incarcerated parents to escape the road of criminal behavior and self- destruction. COM offers at-risk and needy children scholarships to engage in camping and mentoring and the annual Angel Tree Christmas party. COM thrives on empowering kids with a second chance to be winners and champions.	1/7/21	
All Regions	Housing Authority of the County of Riverside	Registration for Housing	The Housing Authority of the County of Riverside is a public agency chartered by the State of California to administer the development, rehabilitation or financing of affordable housing programs. The mission of the Housing Authority is to transform and promote healthy, thriving communities, re-ignite hope and restore human dignity through the creation and preservation of high quality and innovative housing and community development programs which enhance the quality of life and revitalize neighborhoods to foster self-sufficiency.	1/7/21	
East County	Valley Restart Shelter	Valley Restart is a shelter and resource center for persons experiencing homelessness located in the Hemet-San Jacinto Valley.	Anyone interested in any of the programs Valley Restart has available is encouraged to come to our office Monday – Friday, from 9 am – 12 pm except holidays. At the office, we can explain what programs we have available at the time, and how to apply for them. ALL of our programs require a California Photo ID for ALL adults so bring them with you! General information can be obtained by calling the office Monday through Friday from 9 AM to 5 PM. We normally have a waiting list for all housing programs.	1/7/21	
Desert County	Coachella Valley Rescue Mission	Emergency services like hot meals and safe shelter. Medical care. Clothing. Vocational training. Recovery programs that transform lives.	24-hour shelter access Meals Showers Hygiene products Clothing CVRM offers case management, referrals, recovery programs and housing assistance. Additionally, our clients have access to on-site partners Health to Hope Clinic for medical care, as well as mental health assessments and counseling	1/7/21	
Desert County	Safe House of the Desert	Emergency Shelter, Intervention and Outreach Services to Youth in Crisis	SafeHouse of the Desert, with Community Support, provides Emergency Shelter, Intervention and Outreach Services to Youth in Crisis. 72710 East Lynn Street, Thousand Palms, California 92276 (888) 343-4660	1/7/21	

Desert County	Galilee Center	Farm Worker Center and Our Lady of Guadalupe Shelter	The center offers access to restrooms, showers, laundry, hot meals, temporary overnight shelter, a community room and cooling center for farmworkers.	1/7/21	
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Resources for Families and Providers in Riverside County | COVID-19 | PHYSICAL & MENTAL HEALTH

		Updated: 1/7/2021			
Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
South County	Neighborhood Healthcare	Services in Medicine, prenatal care, and women's health	Family Medicine, Actue Vists. Prental care, Womens Health, Chiropractor, Acupuncture Call 1-833-867-4642	3/15/20	
South County	MHAoSF	Mental Health Support	Mental Health Peer Warmline in response to COVID-19. 855-845-7415	3/16/20	
South County	SAFE Family Justice Center	Support for Victims of Crimes Temecula (951) 587-3900 Murrieta (951) 304-5680	Case Management & Assistance for Victims of Crime; over phone services & groups cancelled	3/16/20	
South County	Community Mission of Hope	Food Pantry and Case Management Email	Food Pantry & Case Management. 951-444-1404	3/16/20	
South County	Birth Choice of Temecula	Preganancy Center for Assitance and Support	PregnancyCenter, Material Assistance babies 0-2yrs, pregnancy testing/decision counseling. 951-296-3441 or email contact@birthchoice.center	3/28/20	
South County	Hope Learning Academy	Email address for support in Parenting and at-risk Intervention	At-risk Youth Intervention (9-12), Parent Coaching & Education, NA, AA Please call 951-244-5038	3/28/20	
South County	Trauma Intervention Programs(TIP)	Support to survivors of Tramatic events	Emotional and practical support to survivors of Traumatic Event. Please call 951-698-2453	3/28/20	
All Regions	National Alliance on Mental Illness (NAMI)	Mental Helath Support for building better lives	The National Alliance on Mental Illness (NAMI) is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI has over 600 state organizations and affiliates across the nation. Please call (800) 950-6264	4/6/20	

All Regions	Riverside University Health System – Public Health	Information and Sources to combat spread of illness	One of the most important ways we have to combat the spread of illness like coronavirus is through education and information from reliable sources. It's vital that we provide science-based details about how the illness is spread, as well as updates on what health officials are doing to protect the health of residents of Riverside County. This webpage was created to provide you with information about our preparedness activities and the latest news and updates about coronavirus and related issues from reputable sources like the Centers for Disease Control and Prevention (CDC). We understand there is anxiety during uncertain times, but RUHS – PH wants you to know we are working to protect the community's health.	4/6/20	
All Regions	Riverside Community Hospital	Resource and Information on COVID-19	With coronavirus (COVID-19), the safety of Riverside Community Hospital patients and visitors remains our top priority. We regularly treat patients with infectious diseases and our clinical teams are highly trained in infection prevention protocols. Riverside Community Hospital is closely monitoring COVID-19 developments in partnership with our local and state health departments and the U.S. Centers for Disease Control (CDC).	4/6/20	
All Regions	Cailfornia Department of Health	COVID-19 Updates	COVID-19 Updates	4/6/20	
All Regions	Community Health Association	Resources and Updates on COVID-19	Resources and Updates	4/6/20	
All Regions	Voices for Children (CASA)	Email address for Special Advocate Volunteers for youth in foster care	Court Appointed Special Advocate volunteers for youth in foster care. Please call 951-472-9301	4/10/20	
All Regions	Office On Aging(GRG Program)	Referrals and Resouces for Grandparnets Raising Grandchildren. Please call 1-800-510-2020, 951-867- 3800	Referrals, Resources, phone consults,Advocacy, Casemanagement Grandparents Raising Grandchildren	4/10/20	
All Regions	Safe Families for Children - Olive Crest	Support for families in crisis	Child abuse prevention for families in crisis. (homelessness, domestic violence, substance abuse, etc.) Please call 714-543-5437 x1234 (hotline) for more info.	4/10/20	
All Regions	Therapist Aid	Worksheet Art therapy for Stress	Mandalas - Art therapy for Stress & Anxiety	4/10/20	
All Regions	Therapist Aid	Worksheet Art therapy for Anxiety	Mandalas - Art therapy for Stress & Anxiety	4/10/20	

All Regions	National Council for Behavorial Health	Corona virus resource directory and tools	For more than 50 years, we have been working to promote health and wellness among our staff, stakeholders, members and the communities they support. With recent news of the novel coronavirus (COVID-19) inviting a heightened sense of uncertainty and apprehension, that commitment has never been stronger. In this time of confusion, there is hope. And there is help. You are not alone. There are 3,325 member organizations that, like you, are working to keep their doors open, their staff safe and their communities healthy. To help you navigate this rapidly evolving situation, we are building a coronavirus resource directory and sharing tools and information to inform you every step of the way.	4/10/20	
All Regions	Mental Health America	Mental health support for the effects of COVID-19	As the number of cases of COVID-19 increase, so does the associated anxiety. For the general public, the mental health effects of COVID-19 are as important to address as are the physical health effects. And for the one in five who already have mental health conditions – or the one in two who are at risk of developing them – we need to take personal, professional, and policy measures now to address them. To aid individuals and communities during this time, MHA has compiled a range of resources and information.	4/10/20	
South County	Community Outreach of Murrieta	Community Assistance Programs for Emergencies and Basic Needs	Family / Community Assistance Programs, Casework, Emergency Assistance and Basic Needs. For Counseling Programs call: 909-763-4970 Citizenship/ Immigration Programs: 909-388-1239	4/14/20	
South County	Community Mission of Hope	Support of Prayer and Listening for Any Needs	prayer and a listening ear - if you need anything please contact our office Mon - Fri 10:00am-12:00pm	4/14/20	
All Regions	National Center for School Crisis and Bereavement (NCSCB)	Guidance for Schools experiencing Crises or Supporting Grieving Students	Materials and guidance for schools experiencing crises or helping grieving students. Resources and guidelines to prepare to support children in times of crisis and loss. 877-536-2722 info@schoolcrisiscenter.org	5/7/20	
All Regions	Coalition to Support Grieving Students	Free Resources to support Grieving Students	The Coalition offers a wide range of free, video-based and print resources	5/7/20	
All Regions	Promoting Adjustment and Helping Children Cope—American Academy of Pediatrics	Resources for meeting children's needs in adjusting and coping	Resources for meeting children's needs during these times and promoting adjustment and helping children cope.	5/7/20	

					
South and North County	Loma Linda University Health	Services and treament to support mental health	The COVID-19 pandemic has changed day to day life for us all and has brought on many stressful challenges. Chances are, you or someone you know may be suffering from anxiety, depression, addiction or an eating disorder. We are here to remind you that you are not alone. Loma Linda University Behavioral health aims to raise the awareness of mental health issues and wants to let people know its okay to seek help. We've adjusted our services and now offer video visits to provide you with the support and care you deserve. Our center offers the full spectrum of behavioral healthcare treatment and services to fit your needs, with a variety of programs in both Redlands and Murrieta. Call or visit the website. Substance use recovery, MEND Program, Eating Disorders Program, Adult Programs, Youth Programs, and Outpatient Therapy Services.	5/19/20	
All Regions	Online Counseling Programs Powered by U2 Inc	Resources on mental health and education during COVID-19	To support the growing needs of children and teens, OnlineCounselingPrograms.com has researched all over the internet for resources on mental health and education related topics from sexual identity to study skills. We've created an ultimate resource of lists, articles, guides, videos, and more to help parents, teachers, professionals, and children and teens themselves to assist in social, academic, behavioral, and emotional development.	5/27/20	
All Regions	California Parent & Youth Helpline	Support Groups for Parents and Youth Helpline for concerns of COVID-19	Parents Anonymous® Inc. is the oldest family strengthening organization started by a courageous Mom and a Social Worker in 1969 in Los Angeles by developing the first and only Evidence-Based Weekly Support Groups for Parents, and their Children & Youth. We are celebrating the Launch of the California Parent & Youth Helpline to address the stress and concerns of the COVID -19 Virus impacting your family.	5/29/20	
All Regions	APPS to Help w/Mental Health: Common Sense Media	Resources to support Teens in crisis during COVID-19	Obviously, for tweens and teens in crisis, there's no substitute for face-to-face intervention and professional help. However, since phones are tools most teens use, they can offer timely resources and help for those who need it. Aside from general health apps, these tools focus specifically on coping with anxiety, depression, and specific difficult circumstances via meditation, connection, and other techniques. While some are focused on an individual's experience, others offer chat and the option to find a therapist. Especially when used in conjunction with other approaches, these apps might offer teens a little peace of mind.	5/29/20	

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All Regions	The Center for Child Welfare Trauma-Informed Policies, Programs, and Practices (TIPs Center)	<u>Training series to support the infusion of trama-informed</u> skills in child welfare	The third edition of the CWTTT was updated and released in March 2020 by the TIPs Center in collaboration with the National Child Traumatic Stress Network (NCTSN). The CWTTT is a training series designed to support the infusion of trauma-informed knowledge and skills into child welfare organizational cultures, at all levels and among all roles, resulting in positive sustainable changes in the policies, programs, and practices which lead to better outcomes for children and families served by these systems. It is a publicly available and can be downloaded for free. In addition to the training curricula, there is also a Tips for Facilitators and an Implementation Guide to support systems and facilitator's in implementing and delivering the CWTTT.	6/15/20	
All Regions	JSI RESOURCES: PUBLICATIONS	<u>Tools to help potential partners understand the</u> <u>connection between DV and focus.</u>	The connection between domestic violence (DV), social determinants of health, and other pressing issues may not always be clear to potential partners who do not work in the DV/trauma prevention fields. JSI developed a set of tools for domestic violence service providers—in the form of stories—to address this gap. The first three stories depict the connection between DV and a key social issue (housing instability, economic insecurity, or childhood adversity). The fourth story makes the case for health care providers to employ a universal education approach to prevent and respond to domestic violence. These tools have been designed to help potential partners, collaboratives, and funders to better understand the connection between DV and their focus area, and to motivate them to take action through partnership. Each tool is meant to be downloaded and customized with DV providers' organizational information.	6/15/20	
All Regions	National Domestic VIolence Hotline	Tips that help resolve arguments in a healthy way	Healthy Conflict Resolution Conflicts, such as verbal disagreements and arguments, happen in every healthy relationship. While conflict is normal, it could also be a sign that parts of your relationship aren't working. Healthy communication skills are the key to resolving conflict respectfully. When conflict arises, the tips below can help you resolve these arguments in a healthy way:	6/15/20	
All Regions	Early Childhood Knowledge and Learning Center	Resources in supporting children's response to crisis	Infants, toddlers, preschoolers, and young children who experience a tragic event may show changes in their behaviors. They also may be indirectly affected by a crisis through what they hear or see on TV. In this tip sheet, learn what families and staff might see in children's responses to a crisis. Also, find additional resources about this topic.	6/17/20	

All Regions	Early Childhood Knowledge and Learning Center	<u>Resources to help caregivers and families understand</u> signs and dangers fo stress in young children	Ongoing research shows that adversity and high levels of stress in early childhood can have a negative impact on a person's life. Stress can affect a child's health, behavior, and ability to learn. However, adults can encourage resilience in young children and in themselves. Resilience is the ability to cope with the stress caused by challenging situations. Find resources below that can help caregivers and families understand the signs and dangers of stress in young children. Learn about strategies to promote resilience and support positive outcomes.	6/17/20	
All Regions	Child Mind Institute	How to help kids handle the news and support children during scary times	Racism and Violence: How to Help Kids Handle the News Supporting your children during scary times	6/17/20	
All Regions	NBC News Learn	Resource on talking to kids about Race and Racism	How to Talk to Kids about Race and Racism There's no question: talking about race can be sensitive, and yes, even a bit messy.	6/17/20	
All Regions	Common Sense Media	How to Handle Screen Overload	5 Signs of Screen Overloadand How to Handle Them From poor sleep to headaches, signs that it's time for kids to take a break can take many forms.	6/17/20	
All Regions	Scholastic	Workbook of shared activities that lead to greater resilience	This is a stressful time for families and children. We want to give comforting answers, yet we are looking for comfort ourselves. At a time when we all need hugs and closeness, we are asked to maintain distance. We've designed this workbook to be used flexibly so you can bridge the gaps created by our changing circumstances. Share it with your child for activities and as a conversational tool. You can also encourage an older child to work with a younger sibling, or go to a calming corner and reflect independently. We believe that your family will form bonds through these shared activities that lead to greater resilience. And we hope that the emotional resources your children develop will serve them well in this time of crisis, and in months and years ahead.	7/14/20	
All Regions	State of California	Guide on managing stress for health	Manage stress for health. Simple guide and other resources to manage stress and mental health.	7/22/20	

All Regions	State of California	Stress busting playbook that will help you understand what to look oru for and what you can do to protect your families health	Many of us are feeling a lot of stress right now. Even for adults, it can be tough to recognize that what we feel as irritability, difficulty focusing, insomnia or changes in appetite can actually be signs that are bodies are feeling the effects of stress. For kids, no matter the age, their brains and bodies are even more vulnerable to the harmful effects of stress than adults, and most often, they aren't able recognize or verbalize it. Stress in kids may show up differently than our stress as adults does. This Stress-Busting Playbook can help you understand what to look out for and what you can do to protect your family's health.	7/22/20	
All Regions	Substance Abuse and Mental Health Services Administration	Counseling and Support for those experiencing emotional distress	SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.	7/22/20	
All Regions	California Hope	Resources to help during uncertain times	Are you frustrated? Stressed? Worried? Then call to talk with people like yourself and get emotional support and coping tricks. We can connect you with resources to help during these uncertain times.	7/22/20	
All Regions	California Coalition for Youth	Emergency resposne system for youth ages 12 to 24	The California Youth Crisis Line (CYCL) operates 24 hours a day, seven days a week as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors respond to 20,000 calls annually with crisis intervention counseling and resource referrals to service providers in the caller's local community. We have access to more than 5,500 free or low-cost resources for youth and families across California.	7/22/20	
All Regions	Teen & Youth Hotline	Information on COVID-19 Health Crisis and Suicide Prevention	Due to the current COVID-19 health crisis, our phone lines have temporarily closed. If you call our hotline, you will be transferred to Didi Hirsch's Suicide Prevention Center. To speak to a teen, please text or email us. We apologize for this inconvenience.	7/22/20	
All Regions	Veterans Crisis Line	Confidential resource for Veterans in Crisis	that's available to anyone, even if you're not registered with VA or enrolled in VA health care. The caring, qualified responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances.	7/22/20	

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All Regions	Institute on Aging	Resources for adults in crisis age sixty and older as well as adults with disibilities	Institute on Aging's 24-hour toll-free Friendship Line is the only accredited crisis line in the country for people aged 60 years and older, and adults living with disabilities. We also make on-going outreach calls to lonely older adults. While there are other organizations that respond to the needs of people who may be contemplating suicide, none provides the type of services that IOA's Friendship Line offers to respond to the public health problem of suicide among the elderly.	7/22/20	
All regions	Centers for Disease Control and Prevention	Tips and Handouts to reduce stress from a disaster or traumatic event	The following tips and handouts can help reduce stress before, during, and after a disaster or traumatic event.	7/22/20	
All regions	Centers for Disease Control and Prevention	Tips and Handouts to reduce anxiety from a disaster or traumatic event	The following tips and handouts can help with coping with stress before, during, and after a disaster or traumatic event.	7/22/20	
All regions	Center for Early Childhood Mental Health Consultation	Resouces on reducing stress	Resources on reducing Stress. Stress is natural and can be inevitable. But stress can take a toll on your health and effectiveness as an early childhood educator or parent. It impacts the quality of care that you can give. When you are too stressed it is difficult to offer the praise, nurturance, and structure your children need.	7/22/20	
All regions	National Association of School Psychlogists	Resources on helping children cope with changes due to COVID-19	Helping Children Cope With Changes Resulting From COVID-19	7/22/20	
All regions	New Mouth	Pedriatric dentistry resources and information	Pedriatric dentistry: common oral conditions, treatment options, dental plans, preventative measures, featured blogs and resources.	9/18/20	
All regions	Los Angeles Public Library	Maternal and Family Mental Health Resources	Maternal and Family Mental Health Storytelling Series	11/17/20	
All regions	Coalition for BLACK Health and Wellness	For Transportation to COVID testing call (951) 877- 0179	Community Wellness Transportation Program. We will transport you to get a COVID-19 test for FREE.	11/17/20	
East County	Borrego Health	EASTSIDE HEALTH EASTSIDE HEALTH CENTER BLDG. A 1970 University Avenue Riverside, CA 92507 (951) 213-3450 PRIMARY CARE Mon - Fri 8AM-8PM Sat 8AM-12PM	We provide High quality, low cost medical services. Meet the staff and learn about our programs and services. We can also answer questions about program eligibility (Family PACT, CHDP, EWC, PE and Sliding Fee). We will help you apply. Free Transportation	11/17/20	

East County	Borrego Health	High Quality and low cost medical services available at: EASTSIDE HEALTH CENTER BLDG. B 1971 University Avenue Riverside, CA 92507 (951) 384-6200 PRIMARY CARE Mon - Fri 8AM-5PM	We provide High quality, low cost medical services. Meet the staff and learn about our programs and services. We can also answer questions about program eligibility (Family PACT, CHDP, EWC, PE and Sliding Fee). We will help you apply. Free Transportation	11/17/20	
Center County	Borrego Health	High Quality and low cost medical services available at: ARLANZA FAMILY HEALTH CENTER 8856 Arlington Avenue Riverside, CA 92503 (951) 710-3970 PRIMARY CARE Mon - Fri 8AM-5PM Sat 8AM-12PM	We provide High quality, low cost medical services. Meet the staff and learn about our programs and services. We can also answer questions about program eligibility (Family PACT, CHDP, EWC, PE and Sliding Fee). We will help you apply. Free Transportation	11/17/20	
East County	Borrego Health	High Quality and low cost medical services available at: SAN JACINTO HEALTH CENTER 651 North State Street San Jacinto, CA 92583 (951) 487-8506 PRIMARY CARE Mon - Fri 8AM-5PM	We provide High quality, low cost medical services. Meet the staff and learn about our programs and services. We can also answer questions about program eligibility (Family PACT, CHDP, EWC, PE and Sliding Fee). We will help you apply. Free Transportation	11/17/20	
North County	Borrego Health	High Quality and low cost medical services available at: JAY HOFFMAN HEALTH CENTER (Dental) 29490 Lakeview Avenue Nuevo, CA 92567 (951) 928-2805 PRIMARY CARE Mon - Fri 8AM-5PM	We provide High quality, low cost medical services. Meet the staff and learn about our programs and services. We can also answer questions about program eligibility (Family PACT, CHDP, EWC, PE and Sliding Fee). We will help you apply. Free Transportation	11/17/20	
North County	Borrego Health	High Quality and low cost medical services available at: TROTH STREET FAMILY CLINIC 5565 Troth Street Jurupa, CA 91752 (951) 710-3987 PRIMARY CARE Mon - Fri 8:30AM-5PM	We provide High quality, low cost medical services. Meet the staff and learn about our programs and services. We can also answer questions about program eligibility (Family PACT, CHDP, EWC, PE and Sliding Fee). We will help you apply. Free Transportation	11/17/20	
East County	Borrego Health	COVID-19 Testing and Screening available at: Eastside Health Center A & B (Event held at Bobby Bonds Parking Lot) Vehicle Testing: Tue & Thu 7am-11 am Phone: (951) 384-6200 Phone: (951) 213-3450	COVID-19 Screening & Testing Locations By Appointment or walk in. Nasal and/or oral swab testing.	11/17/20	
South County	Borrego Health	COVID-19 Testing and Screening available at: Anza Community Health Center 58584 US Highway 371, Suites F, G, H Anza, CA 92539 <u>Phone: (951) 763-4759</u> COVID-19 Testing and Screening available at: Arlanza	COVID-19 Screening & Testing Locations By Appointment or walk in. Nasal and/or oral swab testing.	11/17/20	
Center County	Borrego Health	COVID-19 Testing and Scrééning available at: Arlanza Family Health Center 8856 Arlington Avenue Riverside, CA 92503 <u>Phone: 0511 710-3970</u> COVID-19 Testing and Screening available at: San	COVID-19 Screening & Testing Locations By Appointment or walk in. Nasal and/or oral swab testing.	11/17/20	
East County	Borrego Health	COVID-19 Testing and Screening available at: San Jacinto Health Center 651 North State Street, Suite 5 San Jacinto, CA 92583 Phone: (951) 487,8506	COVID-19 Screening & Testing Locations By Appointment or walk in. Nasal and/or oral swab testing.	11/17/20	

			StrongHearts Native Helpline 1-844-7NATIVE (762-		
All regions	StrongHearts Native Helpline	Helpline for American Indians and Alaska Natives experiencing dating and sexual violence	8483) is a safe domestic, dating and sexual violence helpline for American Indians and Alaska Natives, offering culturally-appropriate support and advocacy daily from 7 a.m. to 10 p.m. CT. Anonymous and confidential. Callers reaching out after hours may connect with The National Domestic Violence Hotline, a non-Native based 24-7 domestic violence helpline by selecting option one.	12/15/20	
All regions	National Association for Children of Alcoholics	Resouces and Support for children experiencing abuse from a parent who are under the influence	It's the innocent children (1 in 4 under the age of 18) who suffer when their parents abuse alcohol and other drugs. The worst part is, they can't help themselves. But you can. Join us in our critical work for these vulnerable children. Email or call us (toll-free) at 1-888-554-COAS to learn more about their daily plight and what small steps can be taken to make a great difference in their lives.	12/15/20	
All regions	Substance Abuse and Mental Health Services Administration	Helpline for American Indians and Alaska Natives experiencing dating and sexual violence	SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.	12/15/20	
All regions	National Suicide Prevention Lifeline	Lifeline with free confidential support for people in distress	We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.	12/15/20	
All regions	National Parent Hotline	National Parent Helpline for emotional support	Being a parent is a critically important job, 24 hours a day. It's not always easy. Call the National Parent Helpline® to get emotional support from a trained Advocate and become empowered and a stronger parent.	12/15/20	
All regions	Pathways	Trusted Resources and Helpful Answers for Expecting Parents	So you're expecting! Whether it's your first or your fifth child, we have the information you need and the resources you can trust to get your little one on the right path.	1/7/21	
All regions	Riverside County Department of Mental Health	Mental Health Services and Resources	This program provides treatment and support services to transition age youth, adults and older adults who have a mental illness and children who are seriously emotionally disturbed. Services include outpatient services, medication, peer recovery services, education, housing, residential care, as well as subacute and acute care. Peer-to-peer support services are a component of the program and are provided in clinics and by contract providers. Services to individuals who are homeless and mentally ill are also provided across the county. A complete list of providers is available at any clinic or by contacting the CARES Line (Community Access, Referral, Evaluation, and Support Line) at (800) 7067500.	1/7/21	

Division of Early Learning Services Early Care and Education									
Resources for Families and Providers in Riverside County COVID-19 FREE MEALS									
Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive				
North County	Alvord Unified School District	Alvord Unified School District Grab and Go Meals	 Families may pick-up at sites closest to their homes - Anyone can pick up a meal for children 18 years old and younger - Family members, Neighbor, Friends, and Student!!!! Las familias pueden recoger en los sitios más cercanos a sus hogares - Cualquiera puede recoger una comida para niños de 18 años o menos- ¡Miembros de la familia, vecinos, amigos y estudiantes Elementary - Single day pickup M-F Secondary (Middle/High School) Single day pick up and/or Fridays 7 meal pick up Masks & Temperatures Checks are requires at all sites. Please see ausdnutrition.org for All School Site Lunch times. Please call 951-509-6200 for additional information 						

Free Meals

Desert	Banning Unified School District	Banning Unified Grab and Go Meals	Nutrition Services will now be distributing meals to ALL children in the community, under the age of 18, regardless of enrollment status. This program will continue for the remainder of the 2020 year. Contact nutritionservices@banning.k12.ca.us or call (951) 922- 0200 if you have any questions. On Wednesdays, Nutrition Services distributes 7 days worth of Grab and Go meals and one pantry bag. Families can pick up meals and grocery boxes from any site nearest them. Your child does not need to be present. The serving locations and times will be as follows: Nicolet Middle School - 6:30-8:30 AM and 11:00 AM-1:00 PM Coombs Alternative Ed - 6:30-8:30 AM and 11:00 AM-1:00 PM Hemmerling Elementary - 6:30-8:30 AM and 11:00 AM-1:00 PM Hoffer Elementary - 6:30-8:30 AM and 11:00 AM-1:00 PM Esperanza and Elm - 11:00 AM - 11:30 AM Haugan-Lehman and Tamarack - 11:00 AM - 11:30 AM Banning High School Library - 11:30 AM - 12:30 PM	Updated 1/7/2021	
Desert	Beaumont Unified School District	Beaumont Unified Grab and Go Meals	Meal pick-up will be available at the following Sites: Beaumont High, San Gorgonio Middle, Palm Innovation Acadmy, STarlight Elementary and Three Rings Ranch Elementray. New Meal Service Times & Days. Beaumont Unififed SChool District's Child Nurtrtion will be providing FREE Meals to all children 18 years and younger. Pick up 7 days of meals all at once (Breakfast/Lunch/Dinner/Snack per day). Drive Thru Tuesday and Thursdays Beginning December 8th 11 am to 1 pm. BHS Additional times: 6:30 am - 8:00 am & 3:00 pm -4:30 pm.	Updated 1/7/2021	

Desert	Coachella Valley Unified School District	Coachella Valley Unified Grab and Go Meals	Meal distribution sites for all children 18 years and younger. 7 days of breakfast, lunch and supper are available every Wednesday from 11 am - 1 pm. Coral Mountain Academy Westside Elementary Oasis Elementary Mecca Elementary Saul Martinez Elementary John Kelley Elementary Valle del Sol Elementary Cesar Chavez Elementary Mountain Vista Elementary Cahuilla Desert Academy Peter Pendleton Elementary Valley View Elementary Desert Mirage High School Las Palmitas/Toro Canyon /Palm View Elementary Seaview/West Shores HS /La Familia HS	Updated 1/7/2021	
North/South County	Corona-Norco Unified School District	Corona-Norco Unified Grab and Go Meals	 Starting Monday, Sept. 14, 2020 CNUSD Grab & Go meals will once again be FREE for all students through December 31, 2020. Meals will continue to be distributed curbside at most CNUSD school sites, on the first day of each week. Students will receive breakfast and lunch for each school day. Students need not be present, but parents and/or students are asked to provide valid CNUSD pin numbers for all meals, just as we do during the typical school year. A student may receive only one bag of food per week. Parents and/or Students can pick up meals at any CNUSD school site, and are not tied to their school of attendance. Where: In front of the following school sites and between the times: 11:30 - 2:00 (Adams, Anthony, Garretson, Norco El, Sierra Vista, Stallings, Temescal, Vicentia, Wilson, River Heights) 11:30 - 1:30 (Barton, Chavez, Corona Ranch, Coronita, Eastvale, Highland, Jefferson, Lincoln, Parkridge, Parks, Prado View, Todd, Vadermolen, Washington, Aduburndale, Citrus Hills, Corona Fundamental, El Cerrito, Ramirez, Raney, Centennial, Corona Ranch, Eisenhower, Foothill, Reagan, Orange El, Riverview) Franklin 11:30 - 1:40 (Franklin, Harada, Home Gardens, McKinley, Rondo) 	Updated 1/7/2021	

East County	Hemet Unified School District	Hemet Unified Grab and Go Meals	HEMET UNIFIED SCHOOL DISTRICT today announced an amendment to its policy for serving meals to students under the National School Lunch and School Breakfast Programs for the 2020–21 school year. All students will be served lunch and breakfast at no charge at: WEDNESDAYS 5-DAY MEAL KIT 6:00 a.m 7:00 a.m. Serving Sites: Bautista Creek, Cottonwood, Diamond Valley, Hamilton Elementary, Hemet El, Tahquitz OR 3:30 p.m 5:00 p.m. Serving Sites: Bautista Creek, Cottonwood, Diamond Valley, Hamilton Elementary, Hemet El, Hemet High, Idyllwild, Jacob Wiens,Tahquitz, West Valley, Whittier Families may pick up on Wednesdays at ONE location during AM or PM hours. Please make sure to bring your meal card for menu & nutrient information.	Updated 1/7/2021
North County	Jurupa Unified School District	Jurupa Unified Grab and Go Meals	We will be serving breakfast and lunch from 11 am - 1 pm! Students, parents, guardians, or any other adult can pick up grab-n-go meals. No student ID number needed. Meals are now FREE to any one 18 years or younger. Served at all school sites, except: Glen Avon Elementary, Rubidoux High School, and Nueva Vista High School.	Updated 12/14/2020
South County	Lake Elsinore Unfied School District	Lake Elsinore Unified Grab and Go Meals	Food Services will continue providing curbside meal distribution on a weekly basis. Grab & Go Meals are FREE to any student 18 years old and younger. Tuesday: You will receive 2 lunches/breakfasts	Updated 12/14/2020
South County	Menifee Union School District	Menifee Union Distrct Grab and Go Meals	FREE Meal Program for ALL CHILDREN 18 years of age and younger. Each child will receive a FREE Grab and Go breakfast/lunch daily. Both meals are served at the same time. No meal service on holidays or school breaks. Elementary pick up time (includes Harvest Hill Academy) 11 am to 12 noon. Middle School Pick up time (BMMS, HCMS, MVMS) 12 noon to 1 pm. Adults may drive up with or without child in car. Students may walk up to designated location in front of their registered school site. Pick up in front of any 14 MUSD school sites. Masks must be worn.	Updated 12/14/2020

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Mid County	Moreno Valley Unified School District	Moreno Valley Unified Grab and Go Meals	Meal Service "Grab & Go" Guidelines Starting Monday, September 14, MVUSD Nutrition Services will be providing Free Meals for all children 2- 18. Parents, Guardians or Children may pick up one breakfast and one lunch per day for each child in their household. Children do NOT need to be present to receive meals. Meal distribution will occur at all school sites EXCEPT Rainbow Springs, March Mountain, Bayside, Serrano and Canyon Springs High School. Canyon Springs students are directed to pick up meals at Vista Heights Middle School When Picking Up Meals: Maintain 6 feet of social distance and Wear a Face Mask.	Updated 12/14/2020	
South County	Murrieta Valley Unified School District	Murrieta Unified Grab and Go Meals	Meal Pack Pick Up – Starting Friday August 14th 2020 – Weekly on Thursdays thereafter 12:15 PM to 6 PM. Sites: Alta Murrieta Elementary, Antelope Hills Elementary, Avaxat Elementary, Buchanan Elementary, Cole Canyon Elementary, E. Hale Curran Elementary, Lisa J. Mails Elementary, Monte Vista Elementary, Murrieta Elementary, Rail Ranch Elementary, Tovashal Elementary, Shivela Middle, Thompson Middle, Warm Springs Middle, Murrieta High, Murrieta Mesa High and Vista Murrieta High. Families may pick up meals from a single school site for all students in the family. Reminder: Student ID or ID number will be required for all meals.	Updated 12/14/2020	
East County	Nuview Unified School District	Nuview Unified Grab and Go Meals	Our Nutritional Services Department will continue providing a "Grab and Go" breakfast and lunch option at Nuview Elementary School for all children 18 years of age and younger in the District. Please note that the children must be present to receive the meal. Starting Monday, March 30th meals will be distributed on Monday of each week from 10 a.m. to 12 p.m. with breakfast and lunch distributed for ALL five days of the week at one time. We ask that you please have your car trunk open as you drive through and we will gladly place the meals in the trunk for you. Location: Nuview Elementary School, 29680 Lakeview Avenue, Nuevo, CA 92567.	Updated 12/14/2020	

South County	Perris Elmentary School District	Perris Elementary District Grab and Go Meals	PESD is excited to announce that the US Department of Agriculture adn CDE have approved a waiver to allow school districts to serve free meals to anyone 18 years and younger. Curbside meals will continue to be offered every Wednesday from 9 am to 1 pm at Clearwater Elementary, Perris Elementary, Good Hope Elementary and Sky View ELementary. PESD families, please continue to bring your barcode to recvie your student(s) meals. Families in our community are welcome as well, although children must be present in the vehicle if not a PESD student to receive free meals. Families will receive a meal kit made up of breakfast and lunch meals for a week. Please remember wear a face covering.	Updated 12/14/2020	
South County	Perris Union High School District	Perris Union High Grab and Go Meals	 FREE MEALS ARE BACK!!! TerraBites Cafe is excited to announce that the U.S. Department of Agriculture (USDA) and California Department of Education (CDE) have approved a waiver to allow school districts to serve free meals to anyone 18-years-old and under. This waiver is in response to the nationwide COVID-19 pandemic. Grab and Go Meals will now be offered every Thursday evening from 3:00 PM - 4:30 PM at Perris High School and Heritage High School only, and every Friday from 7:30 AM - 9:00 AM and 11:00 AM - 1:00 PM at Pinacate Middle School, Perris High School, Heritage High School, and Paloma Valley High School. Grab and Go Meals are FREE to anyone 18-years-old and under. You do not need to be an enrolled student in PUHSD to receive meals, and student ID's will no longer be required. Families will receive a meal kit made up of breakfast and lunch meals for the week. Both curbside pickup and walk up service will be provided. Please remember to wear a face covering! Thursdays - 3:00 PM - 4:30 PM @ Perris High School and Heritage High School Only Friday - 7:30 AM - 9:00 AM and 11:00 AM - 1:00 PM at sites Pinacate Middle, Perris High, Heritage High and Paloma High. 	Updated 12/14/2020	
Desert	Palm Springs Unified School District	Palm Springs Unified Grab and Go Meals	MEALS FOR ALL CHILDREN 18 YEARS OLD AND YOUNGER EFFECTIVE IMMEDIATELY Summer Food Service Program extended through December 2020. Meal Service each Wednesday 7:00 AM - 8:30 AM Drive-through curb-side meal distribution. Pick up a week's worth of meals for each child at these sites: CATHEDRAL CITY HIGH - DESERT HOT SPRINGS HS JAMES WORKMAN MS ALL ELEMENTARY SCHOOLS	Updated 12/14/2020	

Desert	Find Food Bank	Food bank locaters	Distribution times and locations are the responsibility of the hosting agency, independent of FIND, are subject to change and are often offered on a first-come, first- served basis. Please call the agency ahead of time to confirm the following distribution information and to learn about any eligibility requirements they may have. We appreciate your help in letting us know if any of the following distribution information is inaccurate; we do our best to have the most current information available on our web site, but again, distribution times and locations are subject to change at the discretion of our agency partners. You can reach FIND Food Bank at 760- 775-FOOD (3663) for more information.	Updated 12/14/2020	
Mid County	Riverside Unified School District	Riverside Unified Grab and Go Meals	Meal service will be provided at all RUSD schools beginning Tuesday, August 11, 2020. For the beginning of the school year, Grab and Go meals will be served on Tuesdays, Thursdays and Fridays, from 11:15 a.m. to 12:45 p.m. We will continue to monitor meal service locations and make adjustments as necessary. All youth 18 and under may receive meals at no cost.	Updated 12/14/2020	
South County	Romoland School District	Romoland District Grab and Go Meals	7-day Winter Break Meal Kits available for ALL children 18 years and younger BREAKFAST, LUNCH, SUPPER & SNACK (WHILE SUPPLIES LAST AND ONE MEAL KIT PER HOUSEHOLD) Thursday, December 17, 2020 12:00pm – 2:00pm LOCATIONS: BOULDER RIDGE ELEMENTARY 27327 JUNIPERO RD, MENIFEE, CA 92585 HARVEST VALLEY ELEMENTARY 29955 WATSON RD, MENIFEE, CA 92585 MESA VIEW ELEMENTARY 27227 HERITAGE LAKE DR, MENIFEE, CA 92585 ROMOLAND ELEMENTARY 25890 ANTELOPE RD, MENIFEE, CA 92585 ETHAN A, CHASE MIDDLE SCHOOL 28100 CALM HORIZON DRIVE, MENIFEE, CA 92585	Updated 12/14/2020	

East County	San Jacinto Unified School District	San Jacinto Unified Grab and Go Meals	Distance Learning Grab-n-Go meal Service All households of enrolled San Jacinto Unified School District students should receive a letter along with their student's identification card/s in the mail this week. If you do not receive your letter/cards by the end of day Monday, August 17th, please call Nutrition Services at 951-654-9371. Under the Community Eligibility Provision (CEP) program, SJUSD is still able to offer ALL enrolled students a a nutritious breakfast and lunch meal at no cost! Households will be assigned a designated day and site, regardless of the school of attendance to pick up their weekly meals from 7:00 am - 9:30 am. STUDENTS DO NOT NEED TO BE PRESENT TO PICKUP THEIR MEALS! Households will present identification cards on their assigned day at their designated site, the cards will be scanned into our point of sale system, once verified you will then proceed through the line to receive meals.	Updated 12/14/2020
South County	Temecula Unified School District	Temecula Unified Grab and Go Meals	In order to provide meals for the first week of Winter Break, we will serve 5-day Meal Kits on Friday, December 18th. We are unable to provide meals for the second week of Winter Break. Meals for the week of December 14-18 will still be served on Monday, December 14th. There will be no meal service on Monday, December 21st and Monday, December 28th. Meal service will resume on Tuesday, January 5th after Winter Break.	Updated 12/14/2020

Mid County	Val Verde Unified School Distrcit	Val Verde Unified Grab and Go Meals	Starting on Wednesday, September 23, we will be adding additional late pick up times for our community meals distribution. The Additional pick up time will be 2:30 PM to 4:00 PM at the following school sites: Orange Vista High School March Middle School Tomas Rivera Middle School Citrus Hill High School Starting Wednesday, August 12, 2020, food distribution will take place every Wednesday from 10:00 am to 1:00 pm at the following sites: Elementary Schools Avalon, Bethune, Columbia, Lasselle, May Ranch, Mead Valley, Triple Crown, Val Verde Elementary, Victoriano Middle Schools Lakeside, March, Tomas Rivera High School Citrus Hill, Orange Vista, Val Verde HS Other Val Verde Academy	Updated 12/14/2020	
Regions Vary	River Springs Charter Schools	River Springs Grab and Go Meals	Pre-Orders required. Available at all sites. Go to webpage for pre-order information and pick up times.	Updated 12/14/2020	
All Regions	Feeding America	Resources for food	Our mission is to alleviate hunger in the Inland Empire. We envision a community where everyone has access to an adequate and nutritious food supply.	Updated 12/14/2020	
All Regions	Food Finder	Food Finder information where to find free food	FoodFinder is a safe, secure and award-winning mobile and web app that gives food insecure children and their families a way to find free food assistance programs quickly.	Updated 12/14/2020	
All Regions	Got Food	Locator for nearest accessible food pantries	Got Food? is an application designed to help food insecure people find the nearest and most accessible food pantries and soup kitchens.	Updated 12/14/2020	
All Regions	California Department of Food and Agriculture	Resources for food and Agriculture	Resources for Food and Agriculture	Updated 12/14/2020	
All Regions	US Department of Agriculture	Latest news and FAQ on Food Safety	Latest news and FAQ in regards to food and safety.	Updated 12/14/2020	

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All Regions	No Kid Hungry	Information about how to access food resources please Text 'Food' to 877-877	In addition to USDA's Meal For Kids online mapping tool, No Kid Hungry offers a national texting service that allows parents or students to find feeding sites near them by text. How it works: Text 'FOOD' to 877-877 or 'COMIDA' to 877-877 for information in Spanish, User receives text back prompting them to enter a street address, city and state and/or zip code for their desired location. While the service is able to return results for inputs that include only city and state and/or zip code, including a full street address will return results that are more accurate. The service then texts back information about nearby meal sites, or information about how to access other food resources if no sites are operating in the vicinity.	Updated 12/14/2020	
East County	Valley Community Pantry	Food distribution information and application	We are open Monday thru Thursday – 9:30 am to 12:00 pm. Food distribution varies as donations, funding and community needs fluctuate. No appointment needed for food distribution, however, we do require an intake application. If you have questions regarding the intake process or your eligibility to receive assistance, please visit our office as the pantry phone is for information only.	Updated 12/14/2020	
South County	Community Outreach of Murrieta	Resource assistance and food distribution	A caring community of volunteers from our area called to impact family and community with nutritious food and supplementary resource assistance so that lives of people are filled with hope as they get back on their feet. Through our "Healthy Food for Healthy Families" program, we are committed to providing food at no cost to residents of our community whose personal resources are limited and who are unable to provide adequately for themselves and their families.	Updated 12/14/2020	
South County	Community Mission of Hope	Various Resources available and information	information on how to register for our program. WE service residents of Temecula, Murrieta, Aguanga & Anza and those experiencing homelessness.	Updated 12/14/2020	
South County	Dream Center Lake Elsinore	Food and Resources	HOPE is open to the public to provide food & resources: 9:00am-12noon: Tuesday, 9:00am-12noon: Wednesday, 9:00am-12noon: Thursday. (951) 245- 7510 email HopeOffice@DreamCenterLE.org	Updated 12/14/2020	
All Regions	CDE and Social Services	Application and informatino for EBT and emergency food during COVID-19	This program, called P-EBT, is for students who are normally able to get free or reduced price school meals. Apply and get up to \$365 per child to spend on groceries. Children may continue to receive "grab n go" meals or emergency food at COVID-19 emergency feeding sites offered by schools and community locations, even if they are receiving P-EBT benefits.	Updated 12/14/2020	

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All Regions	Oasis Food Alliance Pantry	Food Pantry and Contact Information is: Edward Marquez (951) 329-0521 Oasis Community Church 23750 Alessandro Blvd. STE. C Moreno Valley CA 92553	Every Saturday 7 am until 9 am. While supplies last. Donations vary week to week. Please bring your own grocery bags Food pantry will be available to anyone in need.	Updated 12/14/2020	
All Regions	Community Settlement Association	Food Pantry Times and Dates	Food Pantry Monday and Wednesdays 10:30 am to 12:30 pm No pre-registration required Address: 4366 Bermuda Ave 92507	Updated 12/14/2020	
All Regions	Arlington Temporary Assistance	Food Distribution address: 9000 Arlington Ave #112, Riverside, CA 92503	Distribution centers where families in need can recieve food. Monday, Tuesday & Thursday 9 am to 1 pm	Updated 12/14/2020	
All Regions	Bethel Christian Center	Food Distribution address: 2425 Van Buren Boulevard, Riverside, CA 92503	Distribution centers where families in need can recieve food. Monday-Friday & Sunday. M-F 8am - 5pm Sun 11:30am-12:30pm	Updated 12/14/2020	
All Regions	Hope Lutheran Church	Food Distribution address: 29043 Vallejo Ave, Temecula, CA 92592	Distribution centers where families in need can recieve food. Monday & Wednesday 9 am - 11:30 am	Updated 12/14/2020	
All Regions	Saint Vincent De Paul	24 hour emergency food hotline (951) 684-7386	24/7 Emergency Food Hotline	Updated 12/14/2020	
All Regions	Riverside Spanish SDA Church	For information on food distribution please call: (951) 288-4196	Distribution centers where families in need can recieve food. 3rd Friday 9am - 11 am	Updated 12/14/2020	
All Regions	Lake Hills Christian Center	For information on food distribution please call: (951) 737-6680	distribution centers where families in need can recieve food. Fridays 4 pm to 5 pm	Updated 12/14/2020	
All Regions	Queen of Angels Catholic Church	For information on food distribution please call: (951) 689-3674	distribution centers where families in need can recieve food. Thursdays 9 am to 10 am	Updated 12/14/2020	
All Regions	First Congregational of Riverside	Food Distribution address: 3504 Mission Inn Avenue, Riverside, CA 92501	distribution centers where families in need can recieve a meal. Wednesdays 4:30 pm to 6:30 pm	Updated 12/14/2020	
All Regions	Calvary Presbyterian Church	For information on food distribution please call: (951) 686-0761	distribution centers where families in need can recieve a meal. Sundays 4 pm to 6 pm.	Updated 12/14/2020	
All Regions	Path of Life - Community Shelter Program	<u>Food</u> WHAT CAN WE DO FOR YOU NOW	The Community Shelter Program is an emergency homeless shelter that serves adults by providing an immediate exit off of the street into temporary housing along with assistance in obtaining important documents, job readiness, computer workshops, counseling, meals, hygiene supplies and various other forms of social, spiritual, and emotional support.	1/7/21	

Desert County	Coachella Valley Rescue Mission	Emergency services like hot meals and safe shelter. Medical care. Clothing. Vocational training. Recovery programs that transform lives.	Need Food Assistance? For more information, please call us at 760-347-3512.	1/7/21	
East County	Valley Restart Shelter	Valley Restart is a shelter and resource center for persons experiencing homelessness located in the Hemet-San Jacinto Valley.	Anyone interested in any of the programs Valley Restart has available is encouraged to come to our office Monday – Friday, from 9 am – 12 pm except holidays. At the office, we can explain what programs we have available at the time, and how to apply for them. ALL of our programs require a California Photo ID for ALL adults so bring them with you! General information can be obtained by calling the office Monday through Friday from 9 AM to 5 PM. We normally have a waiting list for all housing programs.	1/7/21	
East County	Menifee Valley Community Cupboard	Food Distribution/Client Services	Together the Menifee Valley Thrift Store and the Menifee Valley Community Cupboard are dedicated to alleviating hunger and malnutrition in the Menifee Valley. Proceeds from the Thrift Store benefit the Community Cupboard Food Distribution Center. Our Cupboard provides food and nutrition to over 700 families in our community and partners with schools to provide Food Back packs to students in need. 26808 Cherry Hills Blvd, Menifee CA 92586 951-301-4414 Food Distribution/Client Services 10am-2pm Monday-Friday	1/7/21	
Desert County	Galilee Center	Food Distribution to Families in Need	Food baskets are distributed EVERY Thursday! Baskets include canned goods, dry goods, grains, fresh vegetables and fruit. Registration begins at 3:00pm Basket distribution begins at 4:00pm To fulfill the needs of the underprivileged and disadvantaged by providing food, clothing, and other basic needs and affirm their dignity with love, compassion and respect.	1/7/21	



Resources for Families and Providers in Riverside County | COVID-19 | LEARNING RESOURCES

Updated: 1/7/2021					
Region	Resource Organization Name	Resource Contact Information	Notes	Date Added	Date Inactive
All regions	Internet Resources	Comcast, AT&T, and Charter Communications will provide free public Wi-Fi for 60 days. Other companies are increasing benefits for current subscribers. T- Mobile customers will get unlimited smartphone data, and Sprint is following suit with unlimited data for 60 days.	Contact your local provider for information on free public Wi-Fi	3/21/20	
All regions	Scholastic Learn at Home	Projects for Children	Day by day projects to keep kids learning, growing and thinking.	3/21/20	
All regions	Scholastic Learn at Home	Projects for Children to keep kids learning	Day by day projects to keep kids learning, growing and thinking.	3/21/20	
All regions	Lakeshore Learning	Lesson Plans and Activities for Children	Lesson Plans, Worksheets, Calendars, Templates, Art, Craft Ideas and Activities	3/21/20	
All regions	PBS	Resources for Parents to help Children Learn and Grow	Parent Resouces to help your kids learn and grow. Games, Activities, Videos, Lessons and so much more.	3/21/20	
All regions	National Geographic	Children Activites, games and video games	Activities that include: Videos, games and exploration.	3/21/20	
All regions	Story Time from Space	STEM videos from International Space Station	Videos of astronauts reading STEM themed books from the International Space Station brought to you by the non-profit Storytime From Space.	3/21/20	
All regions	Steve spangler	Science Experiments to do at home	This is a site established by science guy Steve Spangler, who's been on 'The Ellen Show' over 20 times, with close to 400 science experiments you can do at home.	3/21/20	

All regions	Free Resources Library	Ideas for Distance learning and tools to make life easier	Hey, parents and teachers at home—we see you. You're working hard to educate remotely, and most likely dealing with your own kids at the same time. We're committed to helping you, whether you're a parent, educator, or both! We have some great ideas for distance learning, and tools that can make your life a little easier right now.	3/21/20	
All regions	NAEYC	Helping your child learn to love books	Does your infant or toddler enthusiastically point out images of herself on your computer? Does your preschooler ask you repeat stories about him over and over? A powerful way to interest young children in reading books is to make books about their routines, families, life events and vacations. It's a keepsake for you and a conversation starter for your child. It's also an inexpensive way to help your child learn to love books.	3/21/20	
All regions	Common Sense	Free activities for children Pre K through grade 12	Free activities for children ages PreK through Grade 12	3/21/20	
All regions	Virtual Story Times	<u>11:00 a.m Stay at Home Story Time, a ~20 min.</u> <u>picture book read-aloud with Oliver Jeffers (Lost and</u> Found author) (Instagram Live @oliverjeffers, uploaded <u>to YouTube after)</u>	You Tube	3/21/20	
All regions	Virtual Story Times	<u>11:00 a.m Brightly Storytime, a 5–10 min. picture</u> book read-aloud (YouTube @ Brightly Storytime)	You Tube	3/21/20	
All regions	Virtual Story Times	12:00 p.m Mac Barnett (Triangle) reads one of his picture books (Instagram Live @MacBarnett)	Instagram	3/21/20	
All regions	Virtual Story Times	<u>~12:00 p.m Jeff Norton reads a chapter (5–10 min.)</u> of his sci-fi adventure novel Alienated (YouTube @Jeff <u>Norton)</u>	You Tube	3/21/20	
All regions	Virtual Story Times	<u>~6:00–9:00 p.m Josh Gad (voice of Olaf from</u> Frozen) will virtually read a picture book as a bedtime story(Twitter @JoshGad)	Twitter	3/21/20	
All regions	Virtual Drawing Lessons	8:30 a.m.(T/Th) Drawing with Toddlers, a short drawing lesson from E. B. Goodale (Under the Lilacs) (Instagram Live @ebgoodale)	Instagram	3/21/20	

All regions	Virtual Drawing Lessons	<u>10:00 a.m Lunchtime Doodles, a ~30 min. art lesson</u> with Mo Willems (Don't Let the Pigeon Drive the Bus) (YouTube @The Kennedy Center)	You Tube	3/21/20	
All regions	Virtual Drawing Lessons	<u>10:00 a.m Drawing lessons with Wendy</u> <u>Macnaughton (NYT bestselling illustrator) (Instagram</u> <u>Live @wendymac)</u>	Instagram	3/21/20	
All regions	Virtual Drawing Lessons	<u>11:00 a.m Draw Every Day with JJK, a ~20 min.</u> <u>drawing lesson with Jarrett J. Krosoczka (Lunch Lady</u> <u>graphic novel series) (YouTube @ Jarrett J.</u> <u>Krosoczka—author & illustrator)</u>	You Tube	3/21/20	
All regions	Music Classes and Performances	6:00 a.m Music classes from Jam with Jamie (also uploaded for later viewing)	You Tube	3/21/20	
All regions	Music Classes and Performances	8:00 a.m Daily music, movement, yoga classes, and more for pre-K/young kids from Union City Play in New York City		3/21/20	
All regions	Music Classes and Performances	<u>11:00 a.m. and 5 p.m Stars in the House, a 60 min.</u> <u>performance and chat by various Broadway actors and</u> <u>other performers to raise money for out-of-work</u> <u>entertainers (YouTube @The Actors Fund)</u>	You Tube	3/21/20	
All regions	Music Classes and Performances	4:30 p.m Every night a new recording from The Metropolitan Opera is available to stream	You Tube	3/21/20	
All regions	Music Classes and Performances	Various A full list of live concerts streaming, varying from pop stars to operas (curated by NPR)	You Tube	3/21/20	
All regions	Amazing Educational Resources	Amazing Educational Resources, a HUGE spreadsheet of tools/programs/services that usually cost money but are being offered for free, with info on subject and grade level (crowdsourced)	List of Resources	3/21/20	
All regions	Encantos	Encantos Learning Hub (pre-K-1 resources available in English and Spanish)	List of Resources	3/21/20	

All regions	You Tube	Learn@Home, educational YouTube channels curated by age group (YouTube)	You Tube	3/21/20	
All regions	Sesame Street	Sesame Street has videos, games, and activities for younger kids) (sesamo.com in Spanish)	Videos games and Activities	3/21/20	
All regions	Tinkergarten	Tinkergarten has a week's worth of outdoor education DIY activities (sign up for the email newsletter on Tinkergarten's website)	Outoor Activities	3/21/20	
All regions	XYZA	Newsicle, a daily news trivia game put on by the folks behind XYZA: News for Kids	Trivia and News for Kids	3/21/20	
All regions	Complexly	Complexly, a series of video series on educational topics ranging from literature to biochemistry (YouTube)	Video Series	3/21/20	
All regions	Story Pirates	<u>Story Pirates University, writing video lessons from the</u> <u>Story Pirates podcast team (YouTube)</u>	- Video Lessons	3/21/20	
All regions	DREME	Rosources for Early Math Learning at Home	Resources for Early Math Learning at Home	3/21/20	
All regions	NAEYC	Articles, videos and activities for parent of young children	Teaching Young Children. Articles, videos and activities for parents and children.	3/21/20	
All regions	Riverside County Library System	Libary Resources of Family Activities, Reading, Writing and Tutoring Support.	In a time when many are safe at home and most information is shared through the internet, literacy is more than just reading. It's a form of connecting with the world. When we read, we learn about new health and government updates, which allows us to stay healthy and keep safe. We will provide tutoring, family activities, and reading and writing support online. For more information go on the website or call (951) 840- 7901	4/8/20	

All regions	НАТСН	At Home Learning Activities during COVID-19	COVID-19: While children are home, keep them learning and engaged with Ignite@Home. Disruptions to our daily lives can create an unwanted impact on children's development & learning and impose struggles families are not prepared to address. Ignite@Home provides research-based, digital experiences in the home, that help children stay engaged, and ensure they are working toward their Kindergarten Readiness goals.	4/9/20	
All regions	HighScope	How to Keep Children engaged in active learning at <u>home</u>	How to keep children engaged in active learning at home. At HighScope, we view families as our valued partners and we strive to collaborate with them to promote optimal learning and development for their children outside of the classroom. During this uncertain time, we want to support educators and families, not overwhelm them. This is why we've curated our best "at-home" activities, strategies, and resources to give you a practical way to keep children engaged in active learning at home.	4/14/20	
All regions	Common Sense Education	Resources for learning experiences through virtual field trips	Resources: Field trips are informal learning experiences that get students out into the world, exploring the world and students' interests. Trips to museums, parks, historical sites, and more show students that learning (and life) happens outside the classroom, too. During field trips, students discover new things and learn in authentic environments, placing classroom content into new contexts. Unfortunately, for many schools and students, field trips are rare (if they happen at all). Thankfully, there are great games, apps, and websites that can bring places and experiences fostered by field trips to the classroom. While not an outright replacement, these field trip tools can offer inspiring and intriguing experiences for students.	4/14/20	
All regions	Wide Open School	Free onine learning expereiences for children	Wide Open School is a free collection of the best online learning experiences for kids curated by the editors at Common Sense. There is so much good happening, and we are here to gather great stuff and organize it so teachers and families can easily find it and plan each day. We hope that Wide Open School helps make learning from home an experience that inspires kids, supports teachers, relieves families, and restores community. This site was built in a matter of days on a shared vision. We plan to keep building until things get back to normal	5/29/20	

All regions	Riverside Public Library	https://riversideca.beanstack.org/reader365	Riverside Public Library's Summer Reading Program: Dig Deeper - READ, INVESTIGATE, DISCOVER! June 1 - July 19, 2020 Read books, earn badges, attend online events, and win prizes! This summer, it's time to dig deeper. Stay active, healthy, and connected: join Riverside Public Library as we read, investigate, and discover!	6/15/20	July 20, 2020
All regions	The Early Learning Lab	Information and Resources to support you and family in making the most of your time together	Stay healthy. Play and learn. Grow together. Meet your new one-stop source for info and inspiration to help you and your family make the most of your time together during the coronavirus pandemic and beyond.	6/15/20	
All regions	National Association Education of Young Children	Listening to the voices of children who have experienced anti-bias education	Anti-bias education work in early childhood is shaped by a deep-seated belief in the importance of justice, the dream of each child being able to achieve all he or she is capable of, the knowledge that together human beings can make a difference. Listen to the voices of children who have experienced anti-bias education at school or at home. They give us hope and direction.	6/17/20	
All regions	Center for Child and Human Development	Strategies to impact practices to support more effective caregiving for all	Learn about disparities in the experiences of young children of color and children from other marginalized communities in early childhood settings; discover strategies for IECMHC to impact early childhood professionals' beliefs, attitudes, and practices to support more effective caregiving for all children, regardless of race, ethnicity, gender, class, or a myriad of demographic characteristics; and better understand policies and procedures, including data collection and analysis procedures, to bridge disparities.	6/17/20	
All regions	American Psychological Association	Support in talking to kids about discrimination	Talking to kids about discrimination Experts say diversity and discrimination are subjects that need to be addressed with children.	6/17/20	
All regions	Embrace Race	Tips for talking to children about racial injustice	8 Tips for Talking to Your Child About Racial Injustice	6/17/20	

All regions	Early Start Family Resource Network	Free service and resources for families with cihldren who have special needs	A free service for families who have children with special needs living in Riverside and San Bernardino Counties of California	7/22/20	
All regions	California All Early Learning and Care	Resources for children and their families during COVID- 19	Extended resources for Children and their Families during COVID-19.	7/22/20	
All regions	California All Early Learning and Care	Support for Providers during COVID-19	Help and Support for Providers on: Operating, Care, Learning, Engaging Families, and Self Care and Wellness.	7/22/20	
All regions	California All Early Learning and Care	Support and Resources for Families during COVID-19	Help and Support for Families on: Operating, Care, Learning, Engaging Families, and Self Care and Wellness.	7/22/20	
All regions	Centers for Disease Control and Prevention	<u>Recommendations from CDC to help adults havin</u> conversations with children about COVID-19	CDC has created recommendations to help adults have conversations with children about COVID-19 and ways they can avoid getting and spreading the disease. Children may worry about themselves, their family, and friends getting ill with COVID-19. Parents, family members, school staff, and other trusted adults can play an important role in helping children make sense of what they hear in a way that is honest, accurate, and minimizes anxiety or fear.	7/22/20	
All regions	Center on the Social Emotional Foundations for Early Learning	Resources on promoting the social emotional development of young children	The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is focused on promoting the social emotional development and school readiness of young children birth to age 5. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country.	7/27/20	

All regions	Con Mis Hijos	Fun Activities to do with Children at Home	Have you found yourself in the situation of having to spend several days with the children indoors? It is a fact that can be stressful since children require attention and need an extra activity that allows them to get all the energy they have inside. Therefore, without proper planning, staying at home can become a headache: screaming and misbehaving children and stressed and desperate parents. To channel the situation, we propose these 20 entertaining and fun activities to do with the children at home.	7/27/20	
All regions	Pathways	Fun Fall Crafts for Kids	Fun Fall Crafts For Kids	9/16/20	
All regions	Pathways	Family Activities for Fall	Family Activities for Fall	9/16/20	
All regions	Pathways	Pumpkin Sensory Bag	Pumpkin Sensory Bag	10/6/20	
All regions	Pathways	Halloween Activities to make at Home	At-Home Halloween Activities to Make This Holiday Extra Fun!	10/6/20	
All regions	Bedtime Math Foundation	Resources for all to support the math learning of childrne in preschool and elementary	Bedtime Math provides resources for educators, families, and children to support the math learning of children in preschool and early elementary school. Resources focus on how to integrate math into family routines and play.	10/8/20	
All regions	California Department of Education	Information on Common Core Standards	Common Core State Standards	10/8/20	
All regions	California Department of Education	Information on MATH Common Core	Common Core State Standards in Mathematics	10/8/20	
All regions	Standford University	Information on the development of Early Math Education	Development and Research in Early Math Education	10/8/20	

All regions	Office of Head Start	Resources and Information to support early childhood learning	Early Childhood Learning and Knowledge Center	10/8/20	
All regions	U.S. Department of Education: Office of Innovation and Improvement	Resources and information on Early Stem Education	Early Stem Education	10/8/20	
All regions	California Preschool Instructional Network	Resources in engaging children in Early Math Experiences	Engaging Children in Early Mathematical Experiences: Mathematics Handbook is a stand-alone publication that presents research and activities related to the California Preschool Foundations in math for educators and families.	10/8/20	
All regions	First 8 Studios	Math Games for children	First 8 Studios offers math games for children, as well as supplementary resources for educators and families. The educator section introduces nine math apps most appropriate for preschool children.	10/8/20	
All regions	Get Ready to Read: Early Math	Resources for all to discuss children math learning in preschool	Get Ready to Read offers resources for educators and families that discuss children's math learning in preschool. Articles for educators and families describe children's early math development. They also share tips for how to support children's math skills, along with some specific activities.	10/8/20	
All regions	Hour of Code	<u>Resources for all and how to provide all children</u> access to coomputer science and coding	The Hour of Code includes resources for educators, families, and children to provide all children, including those from underrepresented backgrounds, access to computer science and coding. Resources for educators include videos, sample lesson plans, and a how-to guide for offering coderelated activities in classrooms. The website also features videos and a how-to guide for families to introduce computer science and coding. Resources for children include videos, online games, and activities to explore computer science.	10/8/20	

All regions	Zero to Three	Resources to support math learning for children birth to age three	The Early Math and Science resources help families and educators support math learning for children from birth through age three. Articles and videos for families explain different math concepts and share ways that family members can embed math learning into their children's home routines and play.	10/12/20	
All regions	National Center for Learning Disabilities	Resources support children math skillls if child has a learning disability related to math	Get Ready to Read offers resources for educators and families that discuss children's math learning in preschool. Articles for educators and families describe children's early math development. They also share tips for how to support children's math skills, along with some specific activities. The website offers some information for educators and families to identify if a child has a learning disability related to math.	10/12/20	
All regions	The Charles A. Dana Center at The University of Texas at Austin	Resources on creating climates for matematical. learning in schools	Inside Mathematics emphasizes creating "climates" for mathematical learning at schools, from early elementary through high school. It provides resources for teachers, coaches, and administrators to support early math teaching and to engage families in early math.	10/12/20	
All regions	Colorín colorado	Resources for all on how to integrate math learning conecpts with bilingual education	Colorín Colorado provides resources for families and educators on how to integrate math learning concepts with bilingual education. It is very accessible to both Spanish and English speakers. The website provides articles for families and a video sharing how a parent incorporates math concepts at home.	10/12/20	
All regions	Harvard Graduate School of Education/Margaret Caspe	Strategies to support young children math and exploration	"Making Math a Family Thing" is an article that shares tips and strategies for how educators and families can support young children's math learning and exploration. A few suggestions for families are using math talk, providing children time to solve math dilemmas, and reading math books.	10/12/20	

All regions	Mathematics Education Collaborative	Math Activities and information for families and educators in engaging children with math at home	The Math at Home section of the Mathematics Education Collaborative website outlines different math activities and information for families and educators. It presents strategies and tips for families to use while engaging children in early math learning experiences at home.	10/12/20	
All regions	Mathematics Education Collaborative	Math activities and information on early math strategies	The Math at Home section of the Mathematics Education Collaborative website outlines different math activities and information for families and educators. It presents strategies and tips for families to use while engaging children in early math learning experiences at home.	10/12/20	
All regions	University of Illinois at Chicago, College of Education	Resources to support math learning for ages birth to five	Math at Home provides resources and professional development opportunities for educators and families to support math learning of children from infancy to age five. Videos and articles explain early math concepts and how educators and families can set up math environments. Early Math Matters is a free eight-session course for families and educators to learn more about varied math topics and to obtain certificates for professional development hours.	10/12/20	
All regions	California Mathematics Council	Parent Guides that support children's math learning from birth to eight	The California Mathematics Council has written two parenting guides that cover children's math learning from birth to age eight. These Math at Home resources describe the following math topics: "Making Math Part of Your Family's Life," "Connecting Math and Reading," and "The Role of Play in Learning Math." They also provide information on how to set up enriching math environments at home and math activities for families to do with their children.	10/12/20	
All regions	Massachusetts Department of Education, GBH Education Foundation	Resources and activities with "Try this" prompts	The Resources for Early Learning website provides general information, resources, and activities for families, educators, and children from infancy to preschool. Parenting module videos share how children learn early math concepts and offer "Try This" prompts for families to do at home. The educator page provides information on children's math development, teaching practices, and professional development modules dedicated to early math learning.	10/12/20	

All regions	Stanford University Graduate School of Education	Resources on Kinder throughgrade 12 on supporting mathematical concepts	Youcubed offers resources on kindergarten through twelfth-grade math learning for educators, families, and students. Resources for educators focus on early math development, teaching, and assessment. Free articles and videos enhance teachers' knowledge of the "Mathematical Mindsets" approach to education. The website also provides several math activities (e.g., tasks, games) that can be filtered by grade level	10/12/20	
All regions	Education Development Center	Math related Children Book Information	The Young Mathematicians website brings math awareness to families and educators of preschooland early elementary-aged children. It provides a series of articles highlighting "The Mindset for Learning" and encouraging children's math experiences. Families and educators can find a list of published math-related children's books.	10/12/20	
All regions	Common Sense Media	Information on receiving FREE texts on healthy media habits	Receive free text message tips about how to practice healthy media habits at home with your family!	12/15/20	
All regions	Common Sense Media	Information in Spanish on receiving FREE texts on healthy media habits	¡Recibe mensajes de texto con consejos sobre cómo mantener el balance de la tecnología en el hogar!	12/15/20	
All regions	Early Childhood Knowledge and Learning Center	List of children's books about Kindergarten transition	Take a look at this short list of children's books about the kindergarten transition. Educators and families can read the books together with children to help them understand the transition process and increase comfort with their new learning setting.	12/15/20	
All regions	Pathways	Dinner table games and activities	We know that family meals can be a great time to strengthen bonds, improve communication skills, and learn about healthy eating habits together. Here are some dinner table games and activities that your family can do to make dinnertime even more special!	12/15/20	
All regions	Pathways	Ways to add communication to your daily routine	Get Your Toddler Talking: 5 Ways to Add Communication to Your Daily Routine	12/15/20	

All regions	Autiusm Little Learners	Storybook titled, "Why do I need to Quarantine"	Why Do I Need To Quarantine Story? As the 2020- 2021 school year progresses, many school districts around the nation are finding themselves having to quarantine students who have been exposed to someone who tested positive for COVID-19. Sometimes, entire classrooms are quarantined at home for a period of time. This story is to help children understand what is happening.	12/15/20	
	Bilingual Kids Rock	Tips and Resources on how to raise a bilingual child	Tips and Resources on how to raise a bilingual child.	12/15/20	
All regions	First 5 California	Activities and Resources to support your child's growth and development	Activities and resources to support your young child's growth and development.	12/15/20	
All regions	Seasme Street in Communities	Activities and Resources to suppory your child's development	Activities and resources to support your young child's growth and development.	12/15/20	
All regions	Pathways	Activities to celebrate Holidays from a Distance	Celebrating the Holidays from a Distance	12/15/20	
All regions	Wide Open School	Winter Break Family Activities	Winter break family Activities	12/15/20	
All regions	Common Sense Media		From picture books to graphic novels, fantasy to family fun, these must-read books have the power to hook both boys and girls. Some are cultural touchstones that belong in every kid's library. Others open kids' minds to cultures beyond their own. And some are modern releases that have the timeless quality of classics the kinds that get handed down to siblings and passed around classrooms. Whether you have a reluctant reader or a budding bookworm, check out these surefire, kid-tested titles. (We've included a few rated best for 12 and up for the precocious readers out there!)	12/15/20	

All regions	Riverside County Office of Education	Playlist of Stories for Children	playlist of Stories for Children. Riverside County Office of Education staff and their families have recorded themselves reading stories for children. New videos will be added regularly, and there will be videos in English and Spanish. We hope the children in your lives will enjoy these videos.	12/15/20	
All regions	Autiusm Little Learners	Winter Break Activities for Preschoolers with Autism	7 Language-Based Winter Break Activities For Preschoolers With Autism	12/17/20	
All regions	Pathways	Gross Motor Skills Activities	Let It Snow. Let Them Grow. 'Tis the Season to Improve Gross Motor Skills	12/17/20	
All regions	Pathways	Holiday Craft Acitivities	Fun Holiday Crafts For the Whole Family	12/17/20	
All regions	Pathways	Activities to support children's winter boredom	Ways to Cure Your Kid's Winter Boredom	12/17/20	
All regions	Pathways	Activities to Celebrate the New Year With Kids	How is it that the New Year is almost here? If it snuck up on you too, you may be looking for New Year's Eve activities do to with the kids. The New Year is not just a time for adults to celebrate! There are plenty of family- friendly activities that kids can participate in. Since this might be the last hoorah before heading back to school after a fun winter break, make it meaningful! Try these ideas to get your kiddos talking about the New Year!	1/7/21	
All regions	Pathways	New Year, Same Cute Baby! 5 Ways To Help Baby Learn and Grow This Year	The new year encourages people to look towards the future. The school year is already half over and it's not too early for parents to start thinking about summer camps, family vacations, and preparing their child to succeed in the year ahead.	1/7/21	

All regions	Messy Little Monster	Resource SENSORY BINS - IDEAS AND HOW TO GET STARTED	When first getting started with sensory bins, they can seem incredibly overwhelming. Where do you get all those supplies? What about the bins? What activities should I do? The questions start filling your head and before you know it - you've given up. I'm here to tell you that it is incredibly simple once you understand how to set them up. In this post, I'll be explaining how exactly to get started.	1/7/21	
All regions	Messy Little Monster	Resource 30 CREATIVE SCAVENGER HUNTS FOR KIDS	When you need a fuss-free and easy activity for the kids, scavenger hunts are where you should turn. Usually, all you need is a printer and a pen, pencil, or crayon to get started in just minutes. These printable scavenger hunts for kids are perfect for busy families when there isn't time for setting up elaborately planned activities for the kids.	1/7/21	
All regions	Messy Little Monster	Resource FUN & EASY INDOOR ACTIVITIES FOR KIDS	Now that many of us are finding ourselves indoor with the kids more, we must find fun and engaging indoor activities to keep the kids entertained indoors. It's good for the kids and helps parents maintain their sanity, especially when you're indoors several days in a row.	1/7/21	
All regions	Messy Little Monster	Resource 17 ADORABLE PAPER PLATE ANIMAL CRAFTS	Are you ready to get crafty with the kids?! This list of totally adorable paper plate animals is sure to fuel your creativity for quite some time. Your kids will be entertained for hours with these paper plate crafts, and you don't have to spend loads of money on craft supplies.	1/7/21	
All regions	Messy Little Monster	Resource POPSICLE STICK ARCTIC ANIMAL CRAFTS	Transform a bundle of popsicle sticks into these super cute arctic animal crafts. These easy popsicle stick craft instructions don't tell you how to make just one arctic animal, there are instructions for making a moose, a polar bear, a penguin and a walrus! These winter animal crafts are perfect to make as part of a project about the arctic or for learning more about winter animals.	1/7/21	
All regions	Autiusm Little Learners	Resource 7 Steps To Teaching One Step Directions To Children With Autism	Teaching young children with autism one step directions can be a struggle! Every school year, I have new students who have goals and objectives for imitation and following one step directions, and every year, my team and I start with the basics when teaching them.	1/7/21	

All regions	Pathways	Resource How to Play with Your Newborn	Sometimes it's hard to know how to play with baby or what activities even count as play. Many parents and caregivers feel this way! The good news is there are lots of easy activities to do with your baby. In fact, you may have even done some already without even knowing it!	1/7/21	
All regions	Pathways	Resource on Knowing the Basics of Play	Everything you need to know about PLAY. Play: Know the Basics Play and Milestones The Do's and Don'ts of Play Play Activities	1/7/21	
All regions	Brookes Publishing	21 Skill-Boosting At-Home Activities to Try with Your Child This Winter	Simple, low- and no-cost suggestions for parents who are facing a winter of increased isolation with their families. If you need extra ideas for keeping young children busy and boosting their development at the same time, this post is for you.	1/7/21	