

grow your own BEANSTALK

Karen Riley

Directions:

1. Cut or tear one sheet of paper towel in half.
2. Fold to fit in plastic bag. Soak the paper towel in water before placing in the bag.
3. Put two or three beans about 1 1/2 inches apart, from the bottom of the bag. Make sure the beans are not sitting in the water.
4. Seal the bag part way. Leave a slight opening so the growing plants get oxygen.
5. Tape the bag to a window. Beans should face inward so you can watch them grow.
6. Once your beans start sprouting to the top, you can plant them in the ground. Reuse the bag for another project.

What you need:

- water
- paper towels
- dry, uncooked beans or seeds
- plastic storage bag

