



## Attention, Change Makers:

# CREATING TRAUMA-INFORMED SYSTEMS IN SCHOOLS DIGITAL ACADEMY

In partnership with Riverside Community Care, the Riverside County Foster Youth Services Coordinating Program invites you to attend the Trauma-Sensitive Schools Digital Academy. This three-month course, delivered by seasoned experts, is designed to help people working within the school systems (K–12) to understand the prevalence and impact of traumatic events on youth and why a support system such as a school is a critical area to understand and embrace trauma. The training provides a context and history of trauma in schools, what it means to be a trauma-sensitive school as well as what school personnel can do to ensure their practices and policies are trauma-informed.

### Why address trauma in schools?

- Students with multiple ACEs are twice as likely to be disengaged in school
- Students who experience two or more ACEs are three times more likely to repeat a grade
- Children who experience four or more ACEs are 7 times as likely to suffer from alcoholism as an adult, and are 12 times more likely to attempt suicide
- Childhood trauma increases the risk for seven out of the ten leading causes of death in the United States

### Helping Kids to Thrive

- A trauma-sensitive approach in schools helps to:
- Promote feelings of physical, social, and emotional safety
  - A shared understanding among staff and faculty about the impact of trauma and adversity on students
  - Endow positive and culturally responsive discipline policies and practices
  - Provide access to comprehensive school mental and behavioral health services
  - Promote effective community collaboration to ensure safe schools and safe environments

**Register at:** <http://rcoe.k12oms.org/1089-209979>

**Location:** Virtual • **Attendee Limit:** 80 • **Deadline:** February 4, 2022 • **No Cost**

Meetings will be held on Wednesdays from 3:30–4:20 p.m.

Cohort Meeting Schedule:

Date	Meeting #	Attendees	Description
February 9, 2022	Meeting #1	Cohorts 1 & 2 (all)	Live Kickoff Event
February 23, 2022	Meeting #2	Cohort 1	Understanding Trauma
March 9, 2022	Meeting #2	Cohort 2	Understanding Trauma
March 23, 2022	Meeting #3	Cohorts 1 & 2 (all)	In-Vivo Exercises
April 6, 2022	Meeting #4	Cohort 1	Understanding TIS
April 20, 2022	Meeting #4	Cohort 2	Understanding TIS
May 4, 2022	Meeting #5	Cohorts 1 & 2 (all)	Live Wrap-Up Event

For more information, contact Riverside County Office of Education

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