

STUDENTS

SUBJECT: Steroids

The County Office of Education recognizes that the use of steroids and other performance-enhancing supplements presents a serious health and safety hazard. As part of the county office of education's drug prevention and intervention efforts, the County Superintendent or designee and staff shall make every reasonable effort to prevent students from using steroids or other performance-enhancing supplements.

Students in grades 7-12 shall receive a lesson on the effects of steroids as part of their health, physical education, or drug education program.

(cf. 5131.6 - Alcohol and Other Drugs)

(cf. 6142.8 - Comprehensive Health Education)

Students participating in interscholastic athletics are prohibited from using steroids and dietary supplements banned by the U.S. Anti-Doping Agency as well as the substance synephrine. (Education Code 49030)

Before participating in interscholastic athletics, a student athlete and his/her parent/guardian shall sign a statement that the student athlete pledges not to use androgenic/anabolic steroids and dietary supplements banned by the U.S. Anti-Doping Agency and the substance synephrine, unless the student has a written prescription from a licensed health care practitioner to treat a medical condition.

A student who is found to have violated the agreement or this policy shall be restricted from participating in athletics and shall be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, County Office of Education policy, and administrative regulation.

(cf. 5144 - Discipline)

(cf. 5144.1 - Suspension and Expulsion/Due Process)

(cf. 6145 - Extracurricular and Cocurricular Activities)

Coaches shall educate students about the County Office of Education's prohibition and the dangers of using steroids and other performance-enhancing supplements.

The County Superintendent or designee shall ensure that County Office of Education schools do not accept sponsorships or donations from supplement manufacturers that offer muscle-building supplements to students.

Legal Reference:

EDUCATION CODE

49030-49034 Performance-enhancing supplements
51260-51269 Drug education, especially:
51262 Use of anabolic steroids; legislative finding and declaration
CIVIL CODE
1812.97 Warning statement; posting in athletic facilities
HEALTH AND SAFETY CODE
110423.2 Dietary supplements

Management Resources:

CALIFORNIA INTERSCHOLASTIC FEDERATION BYLAWS

California Interscholastic Federation Constitution and Bylaws 2005-06

WEB SITES

CSBA: <http://www.csba.org>

California Department of Education: <http://www.cde.ca.gov>

California Interscholastic Federation: <http://www.cifstate.org>

National Center for Drug Free Sport: <http://www.drugfreesport.com>

National Institute on Drug Abuse: <http://www.nida.nih.gov>

U.S. Anti-Doping Agency: <http://www.usantidoping.org>